



**D.A.R.E. Works
in our Community**



**Proudly serving the
MD of Foothills since 1998**

P.O. Box 1296

Okotoks, AB

T1S 1B3

Phone: 403-601-3406

www.darefoothills.ca

info@darefoothills.ca

D.A.R.E. Works

Drug Abuse Resistance Education

Foothills Society

- A registered charity based in the MD of Foothills.
- Raises the funds needed to deliver the D.A.R.E. program.
- Annually serves over 1,100 students in 13 schools across eight Foothills communities.
- Since 1998 has overseen delivery of D.A.R.E. to over 8,500 grade six and grade eight students in Foothills schools.
- Proud partners with
 - R.C.M.P. detachments Okotoks - High River - Turner Valley
 - Foothills School Division
 - Strathcona Tweedsmuir
 - MD of Foothills
 - Town of Okotoks
 - Town of High River
 - Town of Black Diamond
 - Town of Turner Valley
 - Village of Longview

D.A.R.E. VISION

- To erode the norm among preteens and early teens of experimenting with tobacco, alcohol and drugs by enhancing their resistance skills and resiliency and empowering them to make personal healthy choices.

D.A.R.E. MISSION

- To empower and educate our children through structured programs that will help them make wise choices toward their own social development, that will further enhance their safety and well-being, and to have those choices reinforced and supported by the community.

D.A.R.E. OBJECTIVES

- To teach effective skills for recognizing and resisting social pressures to experiment with tobacco, alcohol and drugs.
- To help enhance self-esteem.
- To provide positive alternatives to substance use.
- To develop risk assessment and decision making skills.
- To build interpersonal and communication skills.



D.A.R.E. Board 2007—2008

D.A.R.E. ELEMENTARY & JUNIOR HIGH PROGRAMS

- A 10 lesson life-skills program taught by specially trained police officers.
- Delivered in all Foothills School Division grade six and grade eight classrooms to teach students:
 - Effective skills for recognizing and resisting social pressures to experiment with tobacco, alcohol and drugs.
 - Positive alternatives to substance use.
 - Risk assessment and decision making skills.
 - Interpersonal and communication skills.

D.A.R.E. PARENT PROGRAM

- NEW program for adults to ask questions and learn
- Tools to raise drug-free, violence-free kids.
- Basic facts about alcohol, club drugs and tobacco.
- How drugs are used and what they look like.
- Skills for communicating effectively with kids about drugs and violence.

Contact Cst. Krista Woods (403-601-1616) for dates and times.

D.A.R.E. INSTRUCTORS

- Uniformed police officers
- Positive role models
- Knowledgeable on the subjects of drug use and violence
- High credibility with students
- Promote respect for the law



It takes a whole community to raise a child!

D.A.R.E. SUPPORT

Support the continued delivery of D.A.R.E. by

- Becoming a member
- Making a donation
- Supporting or volunteering at our fundraising events
 - Annual Golf Tournament
 - Biannual Casino

Constable Krista Woods, D.A.R.E. Coordinator
Phone: 403-601-1616
krista.l.Woods@rcmp-grc.gc.ca

Officer Melanie Glanville, D.A.R.E. Instructor
Phone: 403-938-8913 • mglanville@okotoks.ca

Laurie McCreary-Burke, Executive Director
Phone: 403-601-3406 • info@darefoothills.ca

Thank you to our sponsors and partners



HIGH RIVER
"Home of the Medicine Tree"

